



THE METAMORPHOSIS

YOUNG WOMEN'S PREPARATORY ACADEMY

CREDO FIO PRAEEO

SENIORS SPEAK

On Friday, June 11th 2010, the Young Women's Preparatory Academy will hold its first class graduation at the Miami County Dade Schools auditorium. The 17 graduates will proudly walk the stage and accept their diplomas and move forward to the next steps in their lives—college. The graduates will go off to colleges like University of Denver, University of Miami, Mount Holyoke, St. Thomas University, Florida International University, Miami Dade Honors College, and many more. As the first graduation class, we hope they left a legacy as being strong, ambitious young women that graduating classes in the future will join the graduates of the Young Women's Preparatory Academy.



EDITORIAL POLICY

The Metamorphosis is the student newspaper of Young Women's Preparatory Academy (YWPA). The opinions expressed are solely that of the students and do not reflect those of the administration, the faculty, staff, or the School Board of Miami-Dade County Public Schools.

The Metamorphosis welcomes reader submissions on all topics, however, we can NOT print anonymous letters. Please keep all letters under 150 words; submit letters via email to scannon@dadeschools.net or bring on USB flash drive to room 307.

Sen 10rs Speak



Dear Teachers of YWPA,

Thank you for your time, your dedication, your guidance, and most importantly your professionalism. You have been a great part of our high school career in which you provided us with what is most important, our education. What you taught us will be the foundation of our futures. Thank you for your presence and for pushing us, your seniors, in the right direction. I appreciate the time you dedicated to us, especially the moments you gave us hope when we were down and for helping us out. As I graduate from high school and matriculate to college, I'll always remember the lifelong lessons taught, the skills learned, and relationship made with each of you. You'll always hold a special place in my heart.

Love,

Daphne Eckembrecher

One of the truest rules in life has proven time and time again to be one my father told me originally said by the brilliant man, Albert Einstein: "The definition of insanity is doing the same thing over and over and expecting different results." Whenever we find ourselves in a difficult place, it is vital that we get to the root of the problem. Once you have identified and act to change whatever it is you've been doing for the better, everything else should begin to fall into place and regain its rhythm. If you are struggling as a student, whether it's academically or socially, you need to take a few minutes to yourself and pause to reflect and see what it is that is acting as a barrier between you and what you consider to be your goal. Good luck, and remember to never lose hope as no one can tell us what we're capable of. Work hard and kick butt!

—Viviana Mauri



Greetings to you, Class of 2014:

You have reached a new chapter in your life as you leave middle school, and venture to high school. Many of you may be under the impression that high school is a time to party, just like in the movies- but it's not. In reality, high school serves as the stage in your life in which the decisions you make will affect your future, particularly, your higher education. It isn't impossible as long as you are responsible and hardworking, it will all work out. Yes, there will be times of overload and stress, but there will also be times of fun with friends. Welcome to this new stage of your life.

—Francelia Eckembrecher



Senior year. Wasn't this supposed to be exciting? Well, I mean, we're all nervous to leave our comfort zones, but what happened to the dread of leaving our YWPA nest? Class of 2010, where did we go wrong? And yes, 'we'--not 'where did they go wrong?' As seniors and future leaders of America, it was our job to take change this year and show the school what we're capable of. We've proved ourselves academically, but besides that, our school spirit is lacking. Ask anyone. I did. The class of 2011 says that the legacy we will be leaving behind is the fact that we're all so close to each other. Being on the inside, I wish we were closer. There's only 17 of us, there's no reason for us not to have been. In life, you're not always going to like everyone. But there's a point where you think to yourself—I can't change what high school I went to. For the rest of my life, these are going to be my graduating classmates. 25 years from now at our reunion, it's still going to be the same people you saw in homeroom this morning. No matter how much you wanted the overrated 'high school experience' you can't change the fact that you're graduating from Young Women's Preparatory Academy. Why not make the best of it? Personally, I couldn't have asked for a better experience. I didn't have any tuffs with teachers or confusions with classmates, it was just the way I liked it. When I graduate, I'm taking with me 3 years of absolute bliss. I'm proud to be a monarch, I'm proud of the friendships I'll be taking with me out of this building, I'm proud of my education and I'm proud of myself and of my class. Thank you administration, faculty and staff of YWPA, for providing me a baseline for my life.

—Erin Moore



Growing up, I always said that when I turn 18 I'm moving away from home to start my own life. Pretty unrealistic at the time since I had no idea what it meant to be 18 and how much responsibility the age carried with it. Yet, now at the age of 18, it's more realistic than ever.

In less than four months I'll be moving to Denver, Colorado to attend the University of Denver. It never occurred to me that I'll be living 2,071 miles away from home. I'll be living in Mountain Time zone, two hours behind Eastern Time, two hours behind Miami. I should probably be feeling something like melancholy, right? I'm leaving behind my dad, my best friend, I'll be leaving behind all my friends where we all share a special bond or unity that just can't be replaced, and I'm leaving behind the life and living that comes naturally to me. In a sense, moving away from your "comfort zone" is like leaving behind a part of you. I won't even be in Florida. I'll be living in pretty much the opposite end of the United States of America; I'm going from Southeast to Midwest. From hurricane storms to snow storms, from ocean coastline to the Rocky Mountains as my backyard, from normal 90 degree Fahrenheit to negative degree freezing point temperature. How bizarre does all that sound? I think it's pretty cool and I'm beyond stoked about it. Yet, all of the above hasn't really hit me yet. But let's go back to the very beginning, back to when I first began the long and tedious college process, because before you know it, you'll be sitting in the exact same situation as me, if not, similar.



When it comes to applying to college you need to set up a plan for yourself. You're pretty much planning to plan for college. Sounds a bit compulsive, but it really does help. You need to have questions ready for when you begin to do your research. Ask yourself, what schools offer the major you intend on studying? If you plan on futuristically attending graduate school make sure the school you apply to offers pre professional tracks, for example pre med or pre vet, etc. What percentage of the schools students have received acceptances to graduate college, for example medical school. Will the school prepare you well enough? Where do you see yourself living for the next four years of your life? Do you want to be close to home, or far from home? Do you want to live in a rural or urban area? Small school, big school? There's so much to take into consideration when applying to college, but by being one step ahead the process will go smoothly and you will most likely end up where you're meant to be. Because in the end, think about it, you might not attend the number one school of your choice but there's a reason you applied to the school you're attending.

I'll give you a perfect example of the above. Myself. I started looking into colleges the summer before senior year. But to be honest with you, I had no idea what I was doing. Being the first in my family to attend college in the United the States the process was extremely unfamiliar.

I knew for a fact that I will one day attend medical school and neurology is my main interest. So I began to look into the schools that have a rigorous and challenging pre med program that will effectively prepare me for medical school. I also made sure the schools offered neuroscience and marine biology as a major.

On the other hand, my dream has always been to attend an out of state college. Therefore, I focused on the schools located in the New England Northeastern area, California and Colorado, including Florida as my safety zone. And of course being the over achiever that I am, I wanted to attend an Ivy League school. Very unlikely, but hey, it's always a possibility. So I ended up applying to University of Denver, Johns Hopkins, Boston University, Harvard College, Brown, UCLA, Berkeley, American University, Florida State University, Penn State, Tulane University, and Florida International University. Of the 13 schools that I applied to I was accepted to the University of Denver, Penn State, American University, Florida State University, and Florida International University.

Although attending an in state school would be the more price wise, logic decision I decided that there is no way I see myself attending either FSU or FIU. I was first accepted onto the wait list to American University in D.C. and officially accepted after the deadline to inform schools whether you will be attending or not. So in the end I was to choose over Penn State or University of Denver. Then why did I finally choose Denver?

In order to make my decision I knew I had to visit the schools. But it's hard to visit two schools when they both are literally at opposite ends of the United States, especially compared to where Miami is located; it was like looking at a triangle on a map. Thus, I began to do my own research on both schools. Towards the end I was leaning more towards the University of Denver. They have a rigorous science program where I am able to study both neuroscience and marine biology while at the same time receiving the required credits for medical school. Penn State has various campuses scattered throughout Pennsylvania and the one I was accepted to does not offer any of the above.

So my father and I took a trip to visit Denver. The city is absolutely breath taking. Imagine a smaller, cleaner version of New York and right behind it is the Rocky Mountains. The school is a huge, traditional college campus built in 1864. The minute I stepped onto campus I fell in love and I knew instantly this will be my new home for the next four years of my life.

The process may be long and tedious, but with the extra effort you put into it, as with everything else, the outcome will be more than what you had hoped for or expected. Don't stress it, just pre prepare yourself. And this even goes for the freshman, the work you do now will follow you all throughout high school. Make sure you get good grades, join organizations, do more than the required community service hours, just do the extra but start the minute you walk into high school. Trust me, it pays off and if there's one thing I wish I had known as a freshman, it's how important school is for your future. Every single year, every single class, and every single grade counts. Thrive for success and nothing less. Good luck to all of you and I really, truly hope you become someone out there.

-Alexandra Thulin

The Best part of senior year consists of.....

- Doing pranks and not even sweating it
- Counting the days to burn our plaid uniforms
- Having food parties every week
- Trying on your cap and gown
- Watching movies in every class
- GRADNITE
- Walking around the halls
- Senioritis to the extreme
- Being YWPA bums
- Shopping for your prom dress
- Taking naps in most classes
- Senior Week
- College
- Having more parties for no reason
- But the best part is walking down the aisle
- With your cap and gown
- Remembering all your high school adventures

- Receiving your diploma
- Turning your tassel
- To a new journey in your life.

By Jenny Green



Best Practices to be Successful

By: Estefany Pineda Suazo

It all starts with the first “complicated” assignment freshman year and the student’s decision to attempt it and get it over with, or actually trying and excelling. Once that choice is made, without even realizing it, we place ourselves in a path or rather a pattern that tends to stay the same throughout the rest of high school. If your goal is to be successful then your first choice should be to over-achieve in the very first assignment because that leads to the first A and the realization of what one can accomplish with some effort.

As a senior, I learned that success comes from consistency and putting full effort since day one so that it becomes common to you and through the years everything just gets easier and easier. Unfortunately, this advice isn’t too easy to follow for everyone so here is a list of my own practices to be successful:

- Try to behave really well so at least you get on the teacher’s good side.
- Sit next to the smart kid. You may try to cheat at first, but you’ll be surprised at how much you’ll end up learning accidentally.
- ALWAYS do your homework. These are the easiest A’s to get. Homework is just practice, most teachers barely look at the work.
- Always act like you know what you are doing,



after all, confidence is the key.

-Remember you CAN be a straight A student if you just try. If I was able to do it, trust me, so can you.

This may be a small list, but these simple steps will definitely help at the end. Being successful is just a matter of effort and knowing what to do to get there, but it is up to the student to put it all together.



Dear YWPA,

It has always been difficult for me to say goodbye. I have been known to wear my heart on my sleeve, especially when it comes to the ones I love wholeheartedly.

I’ll miss all the people and our small little office building. It is going to be severely weird waking up Monday-Friday and not going to the bus stop. Although the last 4 years have been an emotional rollercoaster ride, there is no place I will miss more than my beloved YWPA. Ninth grade was miserable and 12th grade was tough, but when push came to shove, the walls of YWPA were always my salvation. There is absolutely no way I would have turned out to be the person I am today if it hadn’t been for the people I met, the grades I made, and my dear YWPA. Goodbye.

Love Always,
Damaris Francis

YWP A class of 2010



Class of 2010 presents...the class of 2011



YWPA Awards 2009-2010

Principal's Award

Kaylee L. Winters, 6th
Melanie Vargas, 7th
Claudia D. Pagon, 8th
Carolina Vazquez, 9th
Victoria A. Guevara, 10th
Elizabeth Irazabal, 11th
Estefany G. Pineda-Suazo, 12th

Language Arts

Nadia Sultan, 6th
Cristina C. Cantero, 7th
Michelle G. Villar, 8th
Maryuri G. Orellana, 9th
Anyar R. Montgomery, 10th

Alexus C. Barnes, AP English Language

Viviana Mauri, AP English Literature
Melissa Maccarini, Journalism
Isabella R. Pousada, Creative Writing

Social Studies

Kaylee L. Winters, 6th
Mariana Jaramillo, 7th
Ebony N. Smith, 8th
Andrea Romero, AP World History
Brianna B. Yeung, AP European History
Gretha Suarez, AP American History
Daphne Eckembrecher, AP American
Julienne E. Herrera, AP Macroeconomics
Elizabeth Irazabal, AP Psychology

Electives

Mariana Jaramillo	Art
Gabriela Kort Kamp	Art
Charlotte J. Yelamos	Art 2
DeMarra Lee	Drawing and Painting
Malichi Kirby	Chorus
Melanie Vargas	Technology
Ashley M. Gutierrez	Dance
Nuria M. Buisan	Personal Fitness
Catalina L. Gonzalez	.Physical Ed.
Enid McLachlan	Physical Ed.
Dalia Saravia	Spanish S
Marsha A. Edwards	Spanish SL
Andrea Romero	A.P. Spanish Lang.
Barbara Sierra	A.P. Spanish Lit.

Science

Chanel Gonzalez, 6th
Van T. Le, 7th
Claudia D. Pagon, Earth/Space
Paola A. Martinez, Biology
Khristlyn B. Bellamy, Chemistry
Keyla M. Valladares, AP Biology
Francelia Eckembrecher, Physics

Math

Gabriela Kort-Kamp, 6th
Sarah E. Johnson, 7th
Daniela H. Karaki-Suarez, Algebra I
Merary D. Hernandez, Geometry
Victoria A. Guevara, Algebra II
Gilnou Pamphile, Pre-Calculus
Estefany G. Pineda-Suazo, AP Calculus



Lady Monarch

Ebony N. Smith, Middle School

Estefany G. Pineda-Suazo,

Butterfly Award

Nora M. Torres, Middle School

Paola A. Martinez, Hgh



From the Editor...

Every person you come across in life is a benefit to you. You learn from not only your mistakes but from the mistakes of others as well. You are currently at a point in your life where you are beginning the early stages of metamorphosis, where you are finding your place. This is a process that takes a lifetime and every day, every moment is another lesson learned in your advancement towards success. Always keep in mind who your true friends are. Some will come, some will go but there will always be those few that will stand by your side in every single moment of high tide and low tide. Do what you want to do and follow your own dreams. Set a path for yourself, never follow step by step someone else's, but learn from it and create your own. Work hard and strive for success. This school year might be over but that doesn't mean your education is over. Always be one step ahead. Enjoy your time, enjoy your vacation! But prepare yourself for whatever lies ahead of you.

- Alexandra Thulin

Young Women's Preparatory Academy



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